Learning From Home Matrix - Support Class (Level 1)

Complete the activities in the boxes below. Colour in the box after you have completed the activity.

Reading	Writing	Spelling	Mathematics	PDHPE	Around the House
Spend at least 15 minutes reading per day. This could be a book you have at home or an online story.	Draw your family and write a sentence about each person.	Write your spelling list each day.	Find different objects in your house that are 2D shapes. Draw the objects and write down what shapes they are. E.g. squares, circles, rectangles.	Complete laps of your backyard doing the following actions: – Hopping – Skipping – Star Jumps – Side Gallops	Make an artwork using items around the house. You could use pasta, leaves, wool or cotton wool.
Create a word bank with interesting words from your story.	Look out of the window and write draw what you can see. Write a description about some of the things in your picture.	Write a sentence that contains each of your spelling words.	Look around your home. Write a list of things that are smaller than you, the same size as you and bigger than you. Smaller Same Bigger Size	Draw a picture that shows how you keep safe when playing in the sun. Label your picture.	Words are used to express feelings. Think of as many 'feeling' words as you can and write them down, e.g. nervous, happy, sad. Draw a face showing each emotion.
Have someone read you a story and then retell the story to another family member.	Draw a picture of your pet or any other animal that you like. Write a description of them. Remember to describe the colour, the shape, and the size.	List as many words as you can that rhyme with 'hat' e.g. bat, rat, cat.	In your book, write down as many different ways you can make the number 6, e.g. 3+3=6, 7-1=6	Complete the following workout: Short jog 10 x Star Jumps 10 x Push Ups 10x Sit Ups	Ask older family members to show you photos from when they were younger and tell you about them.
Read your spelling list to another person.	Write a short story using all of the people who live with you as the main characters.	Look at some big items in your house. See how many rhyming words you can find for them, e.g bed - red, head.	In your book, write down as many different ways you can make the number 10, e.g. 5+5=10, 8+2=10	Look in your pantry and identify what foods are healthy and unhealthy.	Help your mum or dad with the household chores— wash the dishes, put the rubbish out.
Read the first half of a story then stop. Write down your own ending to the story.	Write a diary entry every day, describing the things that you did each day and how you felt.		In your book, draw five different ways that show 10. Eg. 10 circles, 5 cats + 5 dogs	Play a game outside with your brothers or sisters that involves running for 15 minutes each day.	Make a sandwich for your lunch. Write a set of instructions on how to make your sandwich.
	Write a story about your pet.	Write each letter of the alphabet down. Find items in your house that begin with each sound, e.g. A= alarm, apple, B= banana, bed, bike.	Draw a picture that contains 5 circles, 3 triangles, and one square.	Draw a picture of a healthy food that you have eaten today.	Draw a picture of your dream house. Tell a family member all about it.