

Learning From Home Matrix- Stage 1

Complete the activities in the boxes below. Colour in the box after you have completed the activity.

Reading	Writing	Language / Vocabulary	Mathematics	PDHPE	Around the House						
Spend at least 15 minutes reading per day. This could be a book you have at home or an online story.	Draw a picture of yourself. Write adjectives around the picture to describe your appearance and personality, e.g. small, curly hair, clever.	Write down as many words as you can that have "an" in them, for example: man, fan, ran.	Find different objects in your house that are 2D shapes. Draw the objects and write down what shapes they are. E.g. squares, circles, rectangles.	Make a list of healthy foods you should eat every day.	Help with dinner: Kids who learn about new foods, and how to prepare them, may be more likely to choose more nutritious foods later on.						
Write down the name of the book you are reading and a summary of what happened in the book.	Write a short story using all of the people who live with you as the main characters.	Look at some big items in your house. See how many rhyming words you can find for them, e.g. bed - red, head.	In your book, write down as many different ways you can make the number 12, e.g. $10+2=12$, $12+0=12$, $9+3=12$	Play a game outside with your brothers or sisters that involves running for 15 minutes each day.	Help your mum or dad with the household chores— wash the dishes, put the rubbish out.						
Create a word bank with interesting words from your story.	Write a diary entry every day, describing the things that you did each day and how you felt.	Words are used to express feelings. Think of as many 'feeling' words as you can and write them down, e.g. nervous, happy, sad. Draw a face showing each emotion.	Look around your home. Write a list of things that are smaller than you, the same size as you and bigger than you. <table border="1" data-bbox="1137 1332 1460 1479"> <tr> <td>Smaller</td> <td>Same Size</td> <td>Bigger</td> </tr> <tr> <td></td> <td></td> <td></td> </tr> </table>	Smaller	Same Size	Bigger				Look in your pantry and identify what foods are healthy and unhealthy.	Make a sandwich for your lunch. Write a set of instructions on how to make your sandwich.
Smaller	Same Size	Bigger									

<p>Choose a book that you have recently read and write a review of the book. Write about what happens in the book, the characters and if you liked the book or not and why.</p>	<p>Write a story about a child who can make themselves invisible. Make sure you include a beginning, middle and end.</p>	<p>List as many words as you can that rhyme with 'hat' e.g. bat, rat, cat.</p>	<p>In your book, write down as many different ways you can make the number 37, e.g. $30+7=37$, $20+17=37$</p>	<p>Draw a picture that shows how you keep safe when playing in the sun. Label your picture.</p>	<p>Draw a picture of you and your family and label your family members.</p>
<p>Have someone read you a story and then retell the story to another family member.</p>	<p>Write a recount of what you did on the weekend. Did you go anywhere? What did you do there?</p>	<p>Write down as many words as you can that have "age" in them, for example: wage, page</p>	<p>In your book, write down as many different ways you can make the number 15, e.g. $10+5=15$, $11+4=15$, $7+8=15$</p>	<p>Complete the following workout: Short jog 10 x Star Jumps 10 x Push Ups 10x Sit Ups</p>	<p>Draw a picture of your dream house. Tell a family member all about it.</p>
<p>Read the first half of a story then stop. Write down your own ending to the story.</p>	<p>Write a description of your family, describing who is in your family, what they look like etc.</p>	<p>Write each letter of the alphabet down. Find items in your house that begin with each sound, e.g. A= alarm, apple, B= banana, bed, bike.</p>	<p>Find 5 objects around your house and line them up against each other to measure. Write them down in order from tallest to shortest, e.g. remote control, pencil, toy car, coin, button</p>	<p>Complete laps of your backyard doing the following actions: - Hopping - Skipping - Star Jumps - Side Gallops</p>	<p>Help set the table for dinner.</p>